

As per Government Policy and Standards, the menu has been changed to the <u>Green</u> and <u>Amber</u> Standards for healthy Foods and Drink Choices. **Pies and sausage rolls are MRS MACS canteen approved Range**

EVERY DAY MENU 2019

LUNCH		<u>DRINKS</u>	
Meat Pies	\$3.50	Juice Boxes	\$2.00
Sausage Rolls	\$2.50		
Gluten Free Sausage Rolls	\$3.50	Choc Milk	\$2.50
Meat or Vegie Pastie	\$3.50	Neapolitan Milk	\$2.50
Party Pies	\$1.50	Strawberry Milk	\$2.50
Chicken & Veg Pie	\$3.50		
Mac Cheese/Lasagne/ Fried Rice/Pasta Meatballs	\$4.00	Water	\$2.00
Fish Fingers	\$3.00 for 5 plain	Fruit Juice Icy Poles	\$0.50 lunch only
Chicken or Beef Burger Your choice of salads	\$6.00	Nippy's Frozen Juice cups	\$1.50
Sandwiches.	\$5.00		
Can be toasted		Paddle Pops	\$2.00 Friday lunch only
Rolls	\$6.00	Lemonade Icy Twists	\$2.00 Friday lunch only
Wrap	\$6.00	Calippo	\$1.50 Friday lunch only
Vegemite Roll	\$2.50	Weis Bars	\$2.00Friday lunch only
Vegemite Sandwich	\$2.00	IlGelato tubs	\$2.00 Friday lunch only
Salad Box	\$6.00		
Sauce/Mayo	50c		
Fillings for sandwiches, rolls and salad box:			
Veal or Chicken Cutlet, ham, chicken, tuna, egg, fish fingers			
Salad choices consist of lettuce, cucumber, tomato, carrot, cheese, beetroot, corn black olives			
RECESS			
Cheesies – plain or sauce (half slice bread/muffins)		50c	
Cheesies - plain or sauce on half roll		\$1.00	
Mini Cakes Chocolate or Vanilla		50c	
Seasonal Fruit		\$1.00	

FRIDAY SPECIAL

Nachos \$6.00 sour cream \$0.50 extra

Lunch orders are available for pre-primary classes. Please place lunch order at the canteen before school.

Canteen is opened from 8am, change is kept to a minimum so please do not spring big notes on me first thing in the morning ©. Prices are subject to change.

PARENT HELP IS ALWAYS NEEDED AND GREATLY APPRECIATED SO PLEASE CONSIDER SPENDING SOME TIME WITH ME. YOUR CHILDREN WILL LOVE IT.